

Signature Menu



Menu Item	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Vitamin D (DV%)	Calcium (%DV)	Iron (%DV)	Potassium (DV%)	Caffeine (mg)
Black Raspberry Seltzer (16 oz.)	50 cal	0g	0g	0g	0mg	0mg	16g	0 g	9 g	3g	0g	n/a	n/a	0mcg	0mg	0.1mg 0%	20mg 0%	
Black Raspberry Seltzer (20 oz.)	60 cal	0g	0g	0g	0mg	0mg	19g	<1 g	12g	4g	0g	n/a	n/a	0mcg	0mg	0.1mg 0%	20mg 0%	
Black Raspberry Seltzer (24 oz.)	70 cal	0g	0g	0g	0mg	0mg	22g	<1g	15g	5g	0g	n/a	n/a	0mcg	0mg	0.1mg 0%	20mg 0%	
Cherry Cola (16 oz.)	190 cal	0g	0g	0g	0mg	5mg	48g	0g	44g	37g	0g	n/a	n/a	0mcg	10mg 0%	0.1mg 0%	90mg 2%	45mg
Cherry Cola (20 oz.)	210 cal	0g	0g	0g	0mg	10mg	53g	0g	50g	42g	0g	n/a	n/a	0mcg	0mg	0.1mg 0%	100mg 2%	51mg
Cherry Cola (24 oz.)	240 cal	0g	0g	0g	0mg	10mg	59g	0g	56g	47g	0g	n/a	n/a	0mcg	0mg	0.1mg 0%	110mg 2%	57mg
Key Lime Pie (16 oz.)	270 cal	3.5g	0g	0g	0mg	25mg	53g	0g	49g	48g	0g	n/a	n/a	0mcg	0mg	0mg	10mg 0%	
Key Lime Pie (20 oz.)	300 cal	3.5g	0g	0g	0mg	30mg	59g	0g	55g	55g	0g	n/a	n/a	0mg	0mg	0mg	10mg 0%	
Key Lime Pie (24 oz.)	330 cal	3.5g	0g	0g	0mg	30mg	66g	0g	62g	62g	0g	n/a	n/a	0mg	0mg	0mg	10mg 0%	
Limoncello Seltzer (16 oz.)	45 cal	0g	0g	0g	0mg	5mg	11g	<1g	9g	3g	0g	n/a	n/a	0mg	10mg 1%	0.1mg 0%	20mg 0%	
Limoncello Seltzer (20 oz.)	60 cal	0g	0g	0g	0mg	5mg	14g	<1g	12g	4g	0g	n/a	n/a	0mg	10mg 1%	0.1mg 0%	20mg 0%	
Limoncello Seltzer (24 oz.)	70 cal	0g	0g	0g	0mg	5mg	17g	<1g	15g	5g	0g	n/a	n/a	0mg	10mg 1%	0.1mg 0%	20mg 0%	
Mojito (16 oz.)	120 cal	0g	0g	0g	0mg	5mg	34g	<1g	29g	28g	0g	n/a	n/a	0mg	10mg 1%	0.1mg 0%	50mg 2%	
Mojito (20 oz.)	160 cal	0g	0g	0g	0mg	10mg	44g	<1g	38g	37g	0g	n/a	n/a	0mg	10mg 1%	0.1mg 0%	60mg 2%	
Mojito (24 oz.)	200 cal	0g	0g	0g	0mg	10mg	54g	<1g	48g	47g	0g	n/a	n/a	0mg	10mg 1%	0.1mg 0%	70mg 2%	
Orange Dream (16 oz.)	250 cal	4g	2.5g	0g	10mg 3%	5mg	51g	0g	50g	43g	1g	n/a	n/a	.1mcg	40mg 4%	.2mg 0%	160mg 4%	
Orange Dream (20 oz.)	290 cal	4g	2.5g	0g	10mg 3%	5mg	58g	0g	57g	48g	1g	n/a	n/a	.1mcg	40mg 4%	.2mg 0%	190mg 4%	
Orange Dream (24 oz.)	320 cal	4g	2.5g	0g	10mg 3%	5mg	65g	0g	65g	54g	1g	n/a	n/a	.1mcg	40mg 4%	.2mg 0%	210mg 4%	
Peach Fizz (16 oz.)	160 cal	0g	0g	0g	0g	5mg	40g	<1g	33g	30g	0g	n/a	n/a	0mcg	0mg	0.1mg 0%	70mg 2%	
Peach Fizz (20 oz.)	190 cal	0g	0g	0g	0g	5mg	46g	<1g	40g	35g	0g	n/a	n/a	0mcg	0mg	0.1mg 0%	90mg 2%	
Peach Fizz (24 oz.)	220 cal	0g	0g	0g	0g	10mg	53g	1g	46g	41g	1g	n/a	n/a	0mcg	0mg	0.1mg 0%	100mg 2%	
Pina Colada (16 oz.)	200 cal	3g	.5g	0g	0g	10mg	43g	0g	36g	31g	0g	n/a	n/a	0mcg	10mg 0%	.2mg 0%	70mg 2%	
Pina Colada (20 oz.)	230 cal	3g	.5g	0g	0g	10mg	50g	0g	43g	38g	0g	n/a	n/a	0mcg	10mg 0%	.2mg 0%	80mg 2%	
Pina Colada (24 oz.)	260 cal	3g	.5g	0g	0g	10mg	57g	0g	50g	44g	0g	n/a	n/a	0mcg	10mg 0%	.2mg 2%	90mg 2%	
Root Beer (16 oz.)	180 cal	0g	0g	0g	0g	0g	46g	0g	44g	43g	0g	n/a	n/a	0mcg	0mg	0g	10mg 0%	
Root Beer (20 oz.)	210 cal	0g	0g	0g	0g	0g	52g	0g	50g	49g	0g	n/a	n/a	0mcg	0mg	0g	10mg 0%	
Root Beer (24 oz.)	230 cal	0g	0g	0g	0g	0g	58g	0g	56g	55g	0g	n/a	n/a	0mcg	0mg	0g	10mg 0%	
Spicy Mango Margarita (16 oz.)	180 cal	0g	0g	0g	0g	100 mg	44g	<1g	33g	30g	0g	n/a	n/a	0mcg	10mg 0%	.2mg 0%	70mg 2%	
Spicy Mango Margarita (20 oz.)	210 cal	0g	0g	0g	0g	100 mg	51g	<1g	40g	36g	0g	n/a	n/a	0mcg	10mg 0%	.2mg 0%	80mg 2%	
Spicy Mango Margarita (24 oz.)	240 cal	0g	0g	0g	0g	105 mg	58g	<1g	46g	42g	0g	n/a	n/a	0mcg	10mg 0%	.2mg 0%	100mg 2%	

Lite Menu



Strawberry Fizz (16 oz.)	150 cal	0g	0g	0g	0g	0g	39g	<1g	30g	28g	0g	n/a	n/a	0mcg	10mg	0%	1.1mg	6%	70mg	2%	
Strawberry Fizz (16 oz.)	180 cal	0g	0g	0g	0g	0g	45g	<1g	36g	33g	0g	n/a	n/a	0mcg	10mg	0%	1.3mg	6%	80mg	2%	
Strawberry Fizz (16 oz.)	200 cal	0g	0g	0g	0g	0g	51g	<1g	42g	39g	0g	n/a	n/a	0mcg	10mg	0%	1.5mg	8%	90mg	2%	
Vanilla Bean (16 oz.)	180 cal	0g	0g	0g	0g	0g	44g	0g	44g	43g	0g	n/a	n/a	0mcg	0mg		0g		0g		
Vanilla Bean (20 oz.)	210 cal	0g	0g	0g	0g	0g	50g	0g	50g	49g	0g	n/a	n/a	0mcg	0mg		0g		0g		
Vanilla Bean (24 oz.)	230 cal	0g	0g	0g	0g	0g	56g	0g	56g	55g	0g	n/a	n/a	0mcg	0mg		0g		0g		
Menu Item	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Vitamin D (DV%)	Calcium (%DV)	Iron (%DV)	Potassium (DV%)		Caffeine (mg)		
Classic Iced Tea LITE (16 oz.)	0 cal	0g	0g	0g	0g	0g	4g	0g	0g	0g	0g	n/a	n/a	0mcg	10mg	0%	.1mg	0%	10mg	0%	**
Classic Iced Tea LITE (20 oz.)	0 cal	0g	0g	0g	0g	0g	5g	0g	0g	0g	0g	n/a	n/a	0mcg	10mg	0%	.1mg	0%	10mg	0%	**
Classic Iced Tea LITE (24 oz.)	0 cal	0g	0g	0g	0g	0g	6g	0g	0g	0g	0g	n/a	n/a	0mcg	10mg	0%	.1mg	0%	10mg	0%	**
Classic Iced Tea PLAIN (16 oz.)	0 cal	0g	0g	0g	0g	0g	0g	0g	0g	0g	0g	n/a	n/a	0mcg	10mg	0%	.1mg	0%	10mg	0%	**
Classic Iced Tea PLAIN (20 oz.)	0 cal	0g	0g	0g	0g	0g	<1g	0g	0g	0g	0g	n/a	n/a	0mcg	10mg	0%	.1mg	0%	10mg	0%	**
Classic Iced Tea PLAIN (24 oz.)	0 cal	0g	0g	0g	0g	0g	<1g	0g	0g	0g	0g	n/a	n/a	0mcg	10mg	0%	.1mg	0%	10mg	0%	**
Mojito Lite (16 oz.)	15 cal	0g	0g	0g	0g	5mg	8g	<1g	<1g	0g	0g	n/a	n/a	0mcg	10mg	2%	.3mg	2%	50mg	2%	
Mojito Lite (20 oz.)	15 cal	0g	0g	0g	0g	10mg	9g	<1g	<1g	0g	0g	n/a	n/a	0mcg	10mg	2%	.3mg	2%	60mg	2%	
Mojito Lite (24 oz.)	20 cal	0g	0g	0g	0g	10mg	11g	<1g	<1g	0g	0g	n/a	n/a	0mcg	10mg	2%	.3mg	2%	70mg	2%	
Lemonade, LITE (16 oz.)	10 cal	0g	0g	0g	0g	0g	7g	<1g	1g	0g	0g	n/a	n/a	0mcg	10mg	2%	.1mg	0%	60mg	2%	
Lemonade, LITE (20 oz.)	15 cal	0g	0g	0g	0g	0g	9g	<1g	1g	0g	0g	n/a	n/a	0mcg	10mg	2%	.1mg	0%	70mg	2%	
Lemonade, LITE (24 oz.)	20 cal	0g	0g	0g	0g	0g	11g	<1g	2g	0g	0g	n/a	n/a	0mcg	10mg	2%	.1mg	0%	90mg	2%	
Peach Fizz LITE (16 oz.)	45 cal	0g	0g	0g	0g	0g	23g	<1g	4g	0g	0g	n/a	n/a	0mcg	0mg	0%	.1mg	0%	70mg	2%	
Peach Fizz LITE (20 oz.)	50 cal	0g	0g	0g	0g	0g	26g	<1g	4g	0g	0g	n/a	n/a	0mcg	0mg	0%	.1mg	0%	90mg	2%	
Peach Fizz LITE (24 oz.)	50 cal	0g	0g	0g	0g	0g	29g	<1g	5g	0g	1g	n/a	n/a	0mcg	0mg	0%	.1mg	0%	100mg	2%	
Peach Lemonade LITE (16 oz.)	50 cal	0g	0g	0g	0g	0g	26g	1g	5g	0g	1g	n/a	n/a	0mcg	10mg	2%	.2mg	2%	130mg	2%	
Peach Lemonade LITE (20 oz.)	60 cal	0g	0g	0g	0g	0g	30g	1g	5g	0g	1g	n/a	n/a	0mcg	10mg	2%	.2mg	2%	140mg	4%	
Peach Lemonade LITE (24 oz.)	60 cal	0g	0g	0g	0g	0g	33g	1g	6g	0g	1g	n/a	n/a	0mcg	10mg	2%	.2mg	2%	160mg	4%	
Peach Iced Tea LITE (16 oz.)	45 cal	0g	0g	0g	0g	0g	24g	1g	4g	0g	1g	n/a	n/a	0mcg	10mg	0%	.2mg	2%	90mg	2%	**
Peach Iced Tea LITE (20 oz.)	50 cal	0g	0g	0g	0g	0g	27g	1g	4g	0g	1g	n/a	n/a	0mcg	10mg	0%	.2mg	2%	100mg	2%	**
Peach Iced Tea LITE (24 oz.)	50 cal	0g	0g	0g	0g	0g	30g	2g	4g	0g	1g	n/a	n/a	0mcg	10mg	0%	.2mg	2%	110mg	2%	**
Pina Colada LITE (16 oz.)	70 cal	4g	3g	0g	10mg	20mg	17g	0g	7g	<1g	1g	n/a	n/a	0mcg	10mg	0%	.1mg	0%	100mg	2%	
Pina Colada LITE(20 oz.)	80 cal	4g	3g	0g	10mg	20mg	19g	0g	8g	<1g	1g	n/a	n/a	0mcg	10mg	0%	.1mg	0%	110mg	2%	
Pina Colada LITE(24 oz.)	80 cal	4g	3g	0g	10mg	25mg	21g	0g	9g	<1g	1g	n/a	n/a	0mcg	10mg	0%	.1mg	0%	120mg	2%	



Iced Teas & Lemonades Menu

Spicy Mango Margarita LITE (16 oz.)	60 cal	0g	0g	0g	0g	140mg	15g	<1g	3g	0g	0g	n/a	n/a	0mcg	10mg	0%	.2mg	2%	90mg	2%																			
Spicy Mango Margarita LITE (20 oz.)	70 cal	0g	0g	0g	0g	140mg	17g	<1g	4g	0g	0g	n/a	n/a	0mcg	10mg	2%	.3mg	2%	100mg	2%																			
Spicy Mango Margarita LITE (24 oz.)	70 cal	0g	0g	0g	0g	140mg	19g	1g	5g	0g	0g	n/a	n/a	0mcg	20mg	2%	.3mg	2%	120mg	2%																			
Strawberry Fizz LITE (16 oz.)	40 cal	0g	0g	0g	0g	15mg	17g	<1g	2g	0g	0g	n/a	n/a	0mcg	10mg	0%	1.1mg	6%	80mg	2%																			
Strawberry Fizz LITE (20 oz.)	40 cal	0g	0g	0g	0g	15mg	19g	<1g	2g	0g	0g	n/a	n/a	0mcg	10mg	0%	1.3mg	6%	90mg	2%																			
Strawberry Fizz LITE (24 oz.)	45 cal	0g	0g	0g	0g	20mg	21g	<1g	3g	0g	0g	n/a	n/a	0mcg	10mg	0%	1.5mg	8%	110mg	2%																			
Strawberry Iced Tea LITE (16 oz.)	45 cal	0g	0g	0g	0g	15mg	18g	1g	2g	0g	0g	n/a	n/a	0mcg	20mg	2%	1.1mg	6%	100mg	2%																			
Strawberry Iced Tea LITE (20 oz.)	45 cal	0g	0g	0g	0g	15mg	20g	1g	3g	0g	0g	n/a	n/a	0mcg	20mg	2%	1.3mg	6%	110mg	2%																			
Strawberry Iced Tea LITE (24 oz.)	45 cal	0g	0g	0g	0g	20mg	22g	1g	3g	0g	0g	n/a	n/a	0mcg	20mg	2%	1.5mg	8%	120mg	2%																			
Strawberry Lemonade LITE (16 oz.)	50 cal	0g	0g	0g	0g	15mg	21g	1g	3g	0g	0g	n/a	n/a	0mcg	30mg	2%	1.2mg	6%	130mg	2%																			
Strawberry Lemonade LITE (20 oz.)	50 cal	0g	0g	0g	0g	15mg	23g	1g	3g	0g	0g	n/a	n/a	0mcg	30mg	2%	1.4mg	8%	150mg	4%																			
Strawberry Lemonade LITE(24 oz.)	60 cal	0g	0g	0g	0g	20mg	26g	1g	4g	0g	0g	n/a	n/a	0mcg	30mg	2%	1.6mg	8%	170mg	4%																			
Menu Item	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Vitamin D (DV%)	Calcium (%DV)	Iron (%DV)	Potassium (DV%)	Caffeine (mg)																					
																			Classic Iced Tea, Sweet (16 oz.)	90 cal	0g	0g	0g	0g	0g	27g	0g	26g	26g	0g	n/a	na/ε	0mcg	10mg	0%	.1mg	0%	10mg	0%
																			Classic Iced Tea, Sweet (20 oz.)	120 cal	0g	0g	0g	0g	0g	35g	0g	34g	34g	0g	n/a	na/ε	0mcg	10mg	0%	.1mg	0%	10mg	0%
																			Classic Iced Tea, Sweet (24 oz.)	150 cal	0g	0g	0g	0g	0g	44g	0g	43g	43g	0g	n/a	na/ε	0mcg	10mg	0%	.1mg	0%	10mg	0%
																			Classic Lemonade, Sweet (16 oz.)	100 cal	0g	0g	0g	0g	0g	30g	<1g	27g	26g	0g	n/a	na/ε	0mcg	20mg	2%	.1mg	0%	60mg	2%
																			Classic Lemonade, Sweet (20 oz.)	130 cal	0g	0g	0g	0g	0g	39g	<1g	35g	34g	0g	n/a	na/ε	0mcg	20mg	2%	.1mg	0%	70mg	2%
																			Classic Lemonade, Sweet (24 oz.)	170 cal	0g	0g	0g	0g	0g	49g	<1g	44g	43g	0g	n/a	na/ε	0mcg	20mg	2%	.1mg	0%	90mg	2%
																			Peach Iced Tea, Sweet (16 oz.)	160 cal	0g	0g	0g	0g	5mg	41g	1g	33g	30g	1g	n/a	na/ε	0mcg	10mg	0%	.2mg	2%	90mg	2%
																			Peach Iced Tea, Sweet (20 oz.)	190 cal	0g	0g	0g	0g	5mg	47g	1g	40g	35g	1g	n/a	na/ε	0mcg	10mg	0%	.2mg	2%	100mg	2%
																			Peach Iced Tea, Sweet (24 oz.)	220 cal	0g	0g	0g	0g	10mg	54g	2g	46g	41g	1g	n/a	na/ε	0mcg	10mg	0%	.2mg	2%	110mg	2%
																			Peach Lemonade (16 oz.)	170 cal	0g	0g	0g	0g	5mg	43g	1g	34g	30g	1g	n/a	na/ε	0mcg	20mg	2%	.2mg	2%	130mg	2%
																			Peach Lemonade (20 oz.)	200 cal	0g	0g	0g	0g	10mg	50g	2g	41g	35g	1g	n/a	na/ε	0mcg	20mg	2%	.2mg	2%	140mg	4%
																			Peach Lemonade (24 oz.)	230 cal	0g	0g	0g	0g	10mg	57g	2g	47g	41g	1g	n/a	na/ε	0mcg	30mg	2%	.2mg	2%	160mg	4%
																			Strawberry Iced Tea, Sweet (16 oz.)	160 cal	0g	0g	0g	0g	0g	40g	1g	30g	28g	0g	n/a	na/ε	0mcg	20mg	2%	1.1mg	6%	80mg	2%
																			Strawberry Iced Tea, Sweet (20 oz.)	180 cal	0g	0g	0g	0g	0g	46g	1g	36g	33g	0g	n/a	na/ε	0mcg	20mg	2%	1.3mg	8%	90mg	2%
																			Strawberry Iced Tea, Sweet (24 oz.)	200 cal	0g	0g	0g	0g	0g	52g	1g	42g	39g	0g	n/a	na/ε	0mcg	20mg	2%	1.5mg	8%	100mg	2%
																			Strawberry Lemonade, Sweet (16 oz.)	160 cal	0g	0g	0g	0g	0g	42g	<1g	30g	28g	0g	n/a	na/ε	0mcg	20mg	2%	1.1mg	6%	100mg	2%
																			Strawberry Lemonade, Sweet (20 oz.)	190 cal	0g	0g	0g	0g	0g	48g	1g	36g	33g	0g	n/a	na/ε	0mcg	30mg	2%	1.3mg	8%	120mg	2%
																			Strawberry Lemonade, Sweet (24 oz.)	210 cal	0g	0g	0g	0g	0g	55g	1g	42g	39g	0g	n/a	na/ε	0mcg	30mg	2%	1.5mg	8%	140mg	2%



Floats Menu

Menu Item	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Vitamin D (DV%)	Calcium (%DV)	Iron (%DV)	Potassium (DV%)	Caffeine (mg)
Cherry Cola Float (12 oz.)	350 cal	16g	10g	0g	50mg	17% 60mg	45g	0g	42g	33g	5g	n/a	n/a	.1mcg	120mg 2%	.1mg 0%	70mg 2%	26 mg
Chocolate Cream (12 oz.)	360 cal	15g	8g	0g	40mg	13% 85mg	49g	0g	45g	40g	5g	n/a	n/a	.2mcg	30mg 2%	1mg 6%	40mg 0%	
Peach Float (12 oz.)	340 cal	16g	10g	0g	50mg	17% 55mg	47g	<1g	42g	34g	5g	n/a	n/a	.1mcg	120mg 2%	.1mg 0%	80mg 2%	
Strawberry Float (12 oz.)	320 cal	14g	8g	0g	40mg	13% 55mg	45g	0g	38g	32g	4g	n/a	n/a	0 mcg	10mg 0%	.6 mg 4%	40mg 0%	
Root Beer Float (12 oz.)	350 cal	15g	8g	0g	40mg	13% 55mg	51g	0g	47g	41g	4g	n/a	n/a	0 mcg	0mg 0%	0mg 0%	10mg 0%	



Menu Item	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Vitamin D (DV%)	Calcium (%DV)	Iron (%DV)	Potassium (DV%)	Caffeine (mg)
Americano, Iced (12 oz.)	0 cal	0g	0g	0g	0g	5mg	0g	0g	0g	0g	0g	n/a	n/a	0%	0%	0%	0%	128mg
Americano, Iced (16 oz.)	0 cal	0g	0g	0g	0g	10mg	0g	0g	0g	0g	0g	n/a	n/a	0%	0%	0%	0%	170mg
Americano, Iced (20 oz.)	0 cal	0g	0g	0g	0g	15mg	0g	0g	0g	0g	0g	n/a	n/a	0%	0%	0%	0%	220mg
Mocha, Chocolate Dairy, Iced (12 oz.)	150 cal	6g	4.5g	0g	25mg	135mg	18g	<1g	16g	9g	6g	n/a	n/a	1.6mcg	180mg 15'	1.1mg 6%	330mg 6%	128mg
Mocha, Chocolate Dairy, Iced (16 oz.)	220 cal	9g	6g	0g	35mg	200mg	28g	1g	24g	14g	9g	n/a	n/a	2.4mcg	280mg 20'	1.7mg 10%	490mg 10%	170mg
Mocha, Chocolate Dairy, Iced (20 oz.)	300 cal	11g	9g	0g	50mg	270mg	37g	1g	33g	18g	11g	n/a	n/a	3.3mcg	370mg 30'	2.3mg 15%	650mg 15%	220mg
Mocha, Chocolate Oat, Iced (12 oz.)	110 cal	2.5g	0g	0g	0g	120mg	18g	2g	12g	12g	2g	n/a	n/a	0%	0%	0%	0%	128mg
Mocha, Chocolate Oat, Iced (16 oz.)	170 cal	4g	.5g	0g	0g	180mg	27g	3g	18g	18g	3g	n/a	n/a	0%	0%	0%	0%	170mg
Mocha, Chocolate Oat, Iced (20 oz.)	220 cal	5g	.5g	0g	0g	240mg	36g	4g	24g	24g	4g	n/a	n/a	0%	0%	0%	0%	220mg
Mocha, LITE, 2% Iced (12 oz.)	70 cal	3g	2g	0g	10mg	85mg	11g	0g	7g	0g	5g	n/a	n/a	1.7mcg	170mg 15'		0% 200mg 4%	128mg
Mocha, LITE, 2%, Iced, (16 oz.)	110 cal	4.5g	3g	0g	20mg	130mg	17g	0g	11g	0g	7g	n/a	n/a	2.7mcg	270mg 20'		0% 320mg 6%	170mg
Mocha, LITE, 2%, Iced, (20 oz.)	160 cal	6g	4g	0g	25mg	180mg	22g	0g	16g	0g	10g	n/a	n/a	3.8mcg	370mg 30'		0% 440mg 10%	220mg
Mocha, LITE, Oat, Iced (12 oz.)	70 cal	3g	0g	0g	0g	85mg	15g	0g	5g	5g	1g	n/a	n/a	0%	180mg 15'		0%	128mg
Mocha, LITE, Oat, Iced, (16 oz.)	110 cal	5g	0g	0g	0g	130mg	23g	0g	8g	8g	1g	n/a	n/a	0%	290mg 20'		0%	170mg
Mocha, LITE, Oat Iced, (20 oz.)	150 cal	7g	0g	0g	0g	180mg	31g	0g	11g	11g	1g	n/a	n/a	0%	390mg 30'		0%	220mg
Mocha, LITE, Skim, Iced (12 oz.)	50 cal	0g	0g	0g	<5mg	80mg	12g	0g	7g	0g	5g	n/a	n/a	1.7mcg	170mg 15'		0% 220mg 4%	128mg
Mocha, LITE, Skim, Iced (16 oz.)	80 cal	0g	0g	0g	<5mg	120mg	17g	0g	12g	0g	8g	n/a	n/a	2.7mcg	280mg 20'		0% 350mg 8%	170mg
Mocha, LITE, Skim, Iced (20 oz.)	110 cal	0g	0g	0g	5mg	160mg	23g	0g	16g	0g	11g	n/a	n/a	3.7mcg	380mg 30'		0% 490mg 10%	220mg

Iced Espresso Menu

Plain, 2%, Iced (12 oz.)	90 cal	3.5g	2g	0g	15mg	85mg	8g	0g	9g	0g	6g	n/a	n/a	2.1mcg	200mg	15'	0mg	0%	240mg	6%	128mg
Plain, 2%, Iced (16 oz.)	130 cal	5g	3g	0g	20mg	130mg	12g	0g	13g	0g	8g	n/a	n/a	3.1mcg	310mg	25'	.1mg	0%	360mg	8%	170mg
Plain, 2% Iced (20 oz.)	170 cal	7g	4.5g	0g	25mg	170mg	16g	0g	17g	0g	11g	n/a	n/a	4.2mcg	410mg	30'	.1mg	0%	480mg	10%	220mg
Plain, Oatmilk, Iced (12oz.)	80 cal	3.5 g	0g	0g	0g	85mg	13g	0g	6g	6g	1g	n/a	n/a	0mcg	1210mg	15'	0mg	0%	0mg	0%	128mg
Plain, Oatmilk, Iced (16 oz.)	120 cal	6g	0g	0g	0g	130mg	19g	0g	9g	9g	1g	n/a	n/a	0mcg	1310mg	25'	0mg	0%	0mg	0%	170mg
Plain, Oatmilk, Iced (20 oz.)	160 cal	7g	0g	0g	0g	170mg	25g	0g	12g	12g	1g	n/a	n/a	0mcg	1430mg	35'	0mg	0%	0mg	0%	220mg
Plain, Skim, Iced (12 oz.)	60 cal	0g	0g	0g	<5mg	80mg	8g	0g	9g	0g	6g	n/a	n/a	2mcg	1210mg	15'	0mg	0%	240mg	6%	128mg
Plain, Skim Iced (16 oz.)	90 cal	0g	0g	0g	5mg	115mg	13g	0g	13g	0g	9g	n/a	n/a	3mcg	1310mg	25'	.1mg	0%	360mg	8%	170mg
Plain, Skim, Iced (20 oz.)	120 cal	0g	0g	0g	5mg	160mg	17g	0g	17g	0g	11g	n/a	n/a	4mcg	2420mg	30'	.1mg	0%	480mg	10%	220mg
Salted Caramel, 2%, Iced (12 oz.)	150 cal	3g	2g	0g	10mg	180mg	26g	0g	25g	18g	5g	n/a	n/a	1.7mcg	170mg	15'	0mg	0%	200mg	4%	128mg
Salted Caramel, 2%, Iced (16 oz.)	210 cal	4.5g	3g	0g	20mg	260mg	36g	0g	35g	24g	7g	n/a	n/a	2.8mcg	270mg	20'	0mg	0%	320mg	6%	170mg
Salted Caramel, 2%, Iced (20 oz.)	280 cal	6g	4g	0g	25mg	380mg	46g	0g	46g	30g	10g	n/a	n/a	3.8mcg	370mg	30'	.1mg	0%	440mg	10%	220mg
Salted Caramel, Oat, Iced (12 oz.)	140cal	3g	0g	0g	0g	180mg	29g	0g	23g	23g	1g	n/a	n/a	0%	180mg	15'	0mg	0%	0mg	0%	128mg
Salted Caramel, Oat, Iced (16 oz.)	210 cal	5g	0g	0g	0g	250mg	42g	0g	32g	32g	1g	n/a	n/a	0%	290mg	20'	0mg	0%	0mg	0%	170mg
Salted Caramel, Oat, Iced (20 oz.)	280 cal	7g	.5g	0g	0g	330mg	55g	0g	41g	41g	1g	n/a	n/a	0%	390mg	30'	0mg	0%	0mg	0%	220mg
Salted Caramel, Skim, Iced (12 oz.)	120 cal	0g	0g	0g	<5mg	190mg	26g	0g	25g	18g	5g	n/a	n/a	1.7mcg	290mg	20'	.1mg	0%	240mg	6%	128mg
Salted Caramel, Skim, Iced (16 oz.)	180 cal	0g	0g	0g	<5mg	270mg	36g	0g	35g	24g	8g	n/a	n/a	2.7mcg	450mg	35'	.1mg	0%	380mg	8%	170mg
Salted Caramel, Skim, Iced (20 oz.)	230 cal	0g	0g	0g	5mg	350mg	46g	0g	46g	30g	11g	n/a	n/a	3.7mcg	640mg	50'	.1mg	0%	520mg	10%	220mg
Salted Caramel, LITE, 2%, Iced (12 oz.)	70 cal	3g	2g	0g	10mg	75mg	13g	0g	7g	0g	5g	n/a	n/a	1.7mcg	170mg	15'	0mg	0%	200mg	4%	128mg
Salted Caramel, LITE, 2%, Iced (16 oz.)	110 cal	4.5g	3g	0g	20mg	115mg	19g	0g	11g	0g	7g	n/a	n/a	2.8mcg	270mg	20'	0mg	0%	320mg	6%	170mg
Salted Caramel, LITE, 2%, Iced (20 oz.)	160 cal	6g	4g	0g	25mg	160mg	25g	0g	16g	0g	10g	n/a	n/a	3.8 mcg	370mg	30'	0mg	0%	440mg	10%	220mg
Salted Caramel, LITE, Oat, Iced (12 oz.)	70 cal	3g	0g	0g	0g	75mg	17g	0g	5g	5g	1g	n/a	n/a	0%	180mg	15'	0mg	0%	0mg	0%	128mg
Salted Caramel, LITE, Oat, Iced (16 oz.)	110 cal	5g	0g	0g	0g	115mg	25g	0g	8g	8g	1g	n/a	n/a	0%	290mg	20'	0mg	0%	0mg	0%	170mg
Salted Caramel, LITE, Oat, Iced (20 oz.)	150 cal	7g	.5g	0g	0g	180mg	33g	0g	11g	11g	1g	n/a	n/a	0%	390mg	30'	0mg	0%	0mg	0%	220mg
Salted Caramel, LITE, Skim, Iced (12 oz.)	50 cal	0g	0g	0g	<5mg	65mg	13g	0g	7g	0g	5g	n/a	n/a	1.7mcg	170mg	15'	0mg	0%	220mg	4%	128mg
Salted Caramel, LITE, Skim, Iced (16 oz.)	80 cal	0g	0g	0g	<5mg	105mg	19g	0g	12g	0g	8g	n/a	n/a	2.7mcg	280mg	20'	0mg	0%	350mg	8%	170mg
Salted Caramel, LITE, Skim, Iced (20 oz.)	110 cal	0g	0g	0g	5mg	140mg	25g	0g	16g	0g	11g	n/a	n/a	3.7mcg	380mg	30'	0mg	0%	490mg	10%	220mg
Vanilla Latte, 2%, Iced (12 oz.)	150 cal	3g	2g	0g	10mg	75mg	25g	0g	25g	18g	5g	n/a	n/a	1.7mcg	170mg	15'	0mg	0%	200mg	4%	128mg
Vanilla Latte, 2%, Iced (16 oz.)	210 cal	4.5g	3g	0g	20mg	115mg	35g	0g	36g	24g	8g	n/a	n/a	2.8mcg	270mg	20'	0mg	0%	320mg	6%	170mg
Vanilla Latte, 2%, Iced (20 oz.)	280 cal	6g	4g	0g	25mg	160mg	45g	0g	46g	30g	11g	n/a	n/a	3.8mcg	370mg	30'	.1mg	0%	440mg	10%	220mg
Vanilla Latte, Oat, Iced (12 oz.)	140cal	3g	0g	0g	0g	75mg	29g	0g	23g	23g	1g	n/a	n/a	0%	180mg	15'	0mg	0%	0mg	0%	128mg
Vanilla Latte, Oat, Iced (16 oz.)	210 cal	5g	0g	0g	0g	115mg	41g	0g	32g	32g	1g	n/a	n/a	0%	290mg	20'	0mg	0%	0mg	0%	170mg
Vanilla Latte, Oat, Iced (20 oz.)	280 cal	7g	.5g	0g	0g	160mg	53g	0g	41g	41g	1g	n/a	n/a	0%	390mg	30'	0mg	0%	0mg	0%	220mg
Vanilla Latte, Skim, Iced (12 oz.)	120 cal	0g	0g	0g	<5mg	65mg	25g	0g	25g	18g	5g	n/a	n/a	1.7mcg	170mg	15'	0mg	0%	220mg	4%	128mg
Vanilla Latte, Skim, Iced (16 oz.)	180 cal	0g	0g	0g	<5mg	105mg	35g	0g	36mg	24g	8g	n/a	n/a	2.7mcg	280mg	20'	.1mg	0%	350mg	8%	170mg
Vanilla Latte, Skim, Iced (20 oz.)	230 cal	0g	0g	0g	5mg	140mg	46g	0g	46mg	30g	11g	n/a	n/a	3.7mcg	380mg	30'	.1mg	0%	490mg	10%	220mg
Vanilla Latte, LITE, 2%, Iced (12 oz.)	70 cal	3g	2g	0g	10mg	65mg	13g	0g	7g	0g	5g	n/a	n/a	1.7mcg	170mg	15'	0mg	0%	200mg	4%	128mg
Vanilla Latte, LITE 2%, Iced (16 oz.)	110 cal	4.5g	3g	0g	20mg	105mg	19g	0g	11g	0g	7g	n/a	n/a	2.8mcg	270mg	20'	0mg	0%	320mg	6%	170mg



Food Menu

Vanilla Latte, LITE, 2%, Iced (20 oz.)	160 cal	6g	4g	0g	25mg	150mg	25g	0g	16g	0g	10g	n/a	n/a	3.8mcg	370mg	30'	.1mg	0%	440mg	10%	220mg
Vanilla Latte, LITE, Oat, Iced (12 oz.)	70 cal	3g	0g	0g	0g	65mg	17g	0g	5g	5g	1g	n/a	n/a	0%	180mg	15'	0mg	0%	0mg	0%	128mg
Vanilla Latte, LITE, Oat, Iced (16 oz.)	110 cal	5g	0g	0g	0g	115mg	25g	0g	8g	8g	1g	n/a	n/a	0%	290mg	20'	0mg	0%	0mg	0%	170mg
Vanilla Latte, LITE, Oat, Iced (20 oz.)	150 cal	7g	.5g	0g	0g	160mg	33g	0g	11g	11g	1g	n/a	n/a	0%	390mg	30'	0mg	0%	0mg	0%	220mg
Vanilla Latte, LITE, Skim, Iced (12 oz.)	50 cal	0g	0g	0g	<5mg	60mg	13g	0g	7g	0g	5g	n/a	n/a	1.7mcg	170mg	15'	0mg	0%	220mg	4%	128mg
Vanilla Latte, LITE, Skim, Iced (16 oz.)	80 cal	0g	0g	0g	<5mg	95mg	19g	0g	12g	0g	8g	n/a	n/a	2.7mcg	280mg	20'	.1mg	0%	350mg	8%	170mg
Vanilla Latte, LITE, Skim, Iced (20 oz.)	110 cal	0g	0g	0g	5mg	130mg	25g	0g	16g	0g	11g	n/a	n/a	3.7mcg	380mg	30'	.1mg	0%	490mg	10%	220mg

Menu Item	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Vitamin D (DV%)	Calcium (%DV)	Iron (%DV)	Potassium (DV%)	Caffeine (mg)
Chocolate Chip Cookie, 2 oz.	250 cal	11g	7g	0g	35mg	220mg	37g	1g	21g	13g	4g	n/a	n/a	0%	0%	4%	0%	
Gluten-Free Brownie	290 cal	13g	7g	0g	65mg	105mg	45g	2g	33g	0g	4g	n/a	n/a	0%	0%	0%	0%	
Pretzels (8), Gluten-free	229 cal	4.6g	0g	0g	0mg	320mg	38g	2g	0g	0g	3g	n/a	n/a	0mcg	10mg 0%	.5mg 2%	60mg 2%	
Pretzels (2), Turnbuckle	380 cal	8g	1g	0g	0mg	680mg	64g	2g	0g	0g	10g	n/a	n/a	0mcg	20 mg 0%	3.8mg 20%	100mg 4%	
Ranch Dressing, 1.5 oz.	120 cal	12g	2g	0g	15mg	80mg	2g	0g	2g	<1	2g	n/a	n/a	.2mcg	40mg 2%	0mg	40mg 0%	
Queso, 2 oz.	122 cal	10g	5.5g	0g	29mg	411mg	1g	0g	0g	0g	7g	n/a	n/a	0mcg	208mg 18'	0mg	270mg 7%	